

Self-interacting Ultralight dark matter

Jae-Weon Lee (Jungwon University)

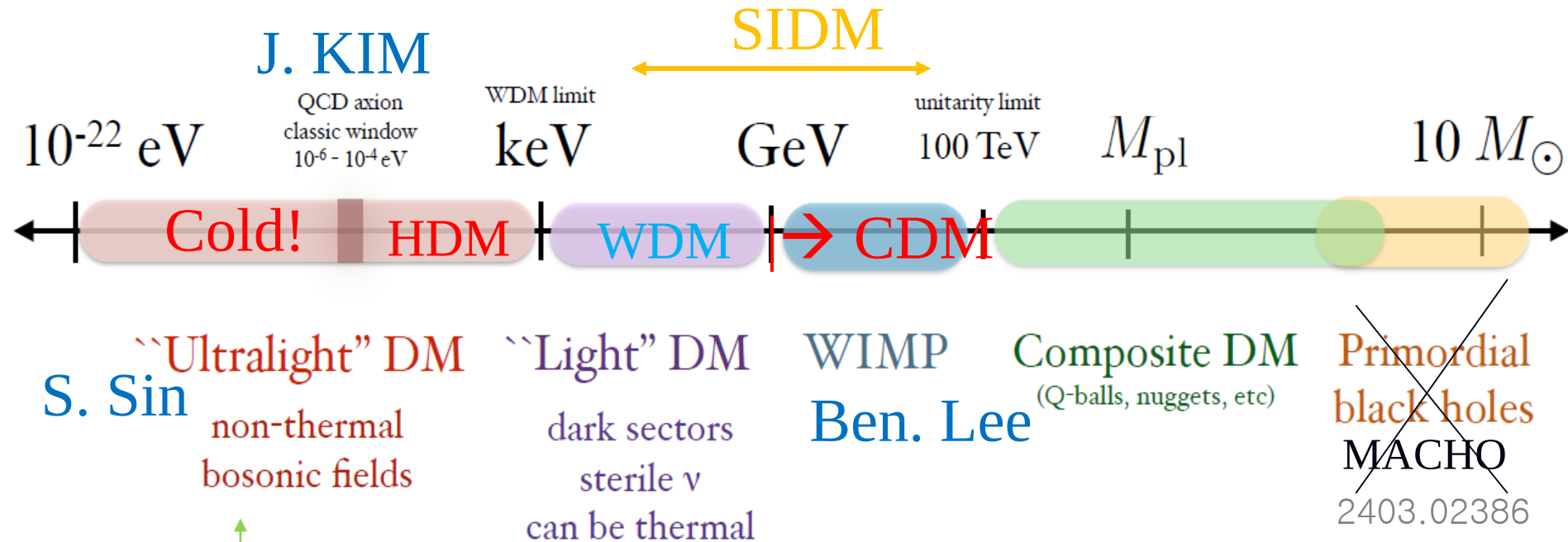
Outline

1. Brief review on ULDM models
2. Q. Scales of Fuzzy DM (free model)
3. Self-interacting ULDM and mysteries of Universe

Mass scale of dark matter

(not to scale)

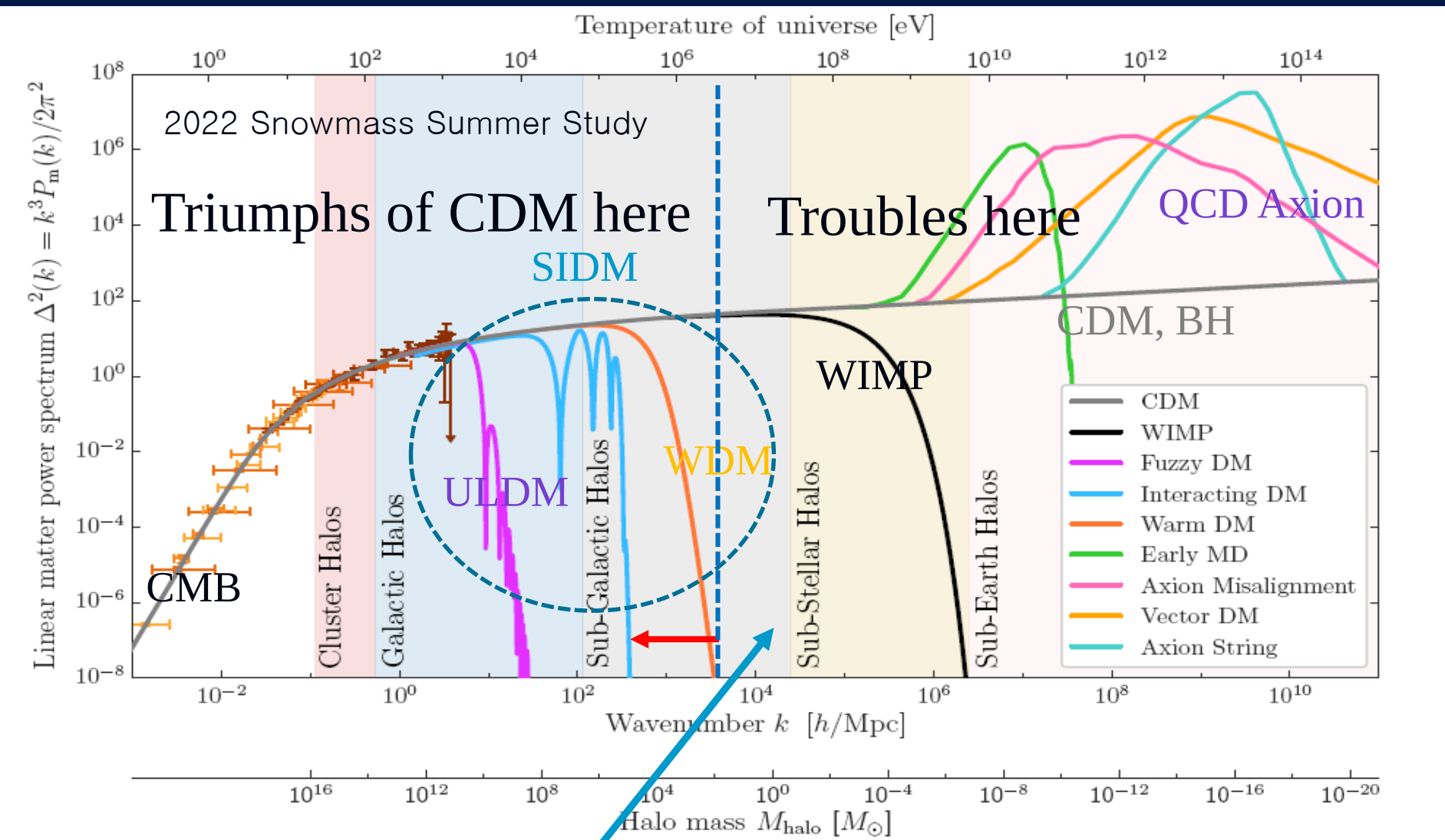
TASI lectures by Lin arXiv:1904.07915



ULDM = **Fuzzy**, ULA, BEC, Wave, Scalar Field, ψ , Superfluid, quantum ...

Compact objects in the mass range from $1.3 \times 10^{-5} M_{\odot}$ to $860 M_{\odot}$ cannot make up more than 10% of dark matter. (2403.02386)
 → No DM star or planet observed in our galactic halo

Galaxies are DM dominated and seem to have ~ kpc size scale



No DM star or planet found so far → DM has kpc length scale?

Challenges for Λ CDM

cf) 2105.05208

• Λ CDM was very successful but is becoming non-standard?

1. **Small scale crisis** (on galactic scale and below)
predicts too many small structures not observed

2. **Hubble parameter tension $\sim 5\sigma$:**

H_0 mismatch between Planck estimation and SN

3. S_8 tension $\sim 2-3\sigma$: $S_8 \equiv \sigma_8 \sqrt{\Omega_m/0.3}$

matter density fluctuation amplitude

mismatch between Planck estimation and WL & Cluster

4. Time varying EOS of DE (ex, DESI, AP test)

5. Too early BHs and galaxies (Webb)

6. Cluster collision (collision speed & DM-star offset)

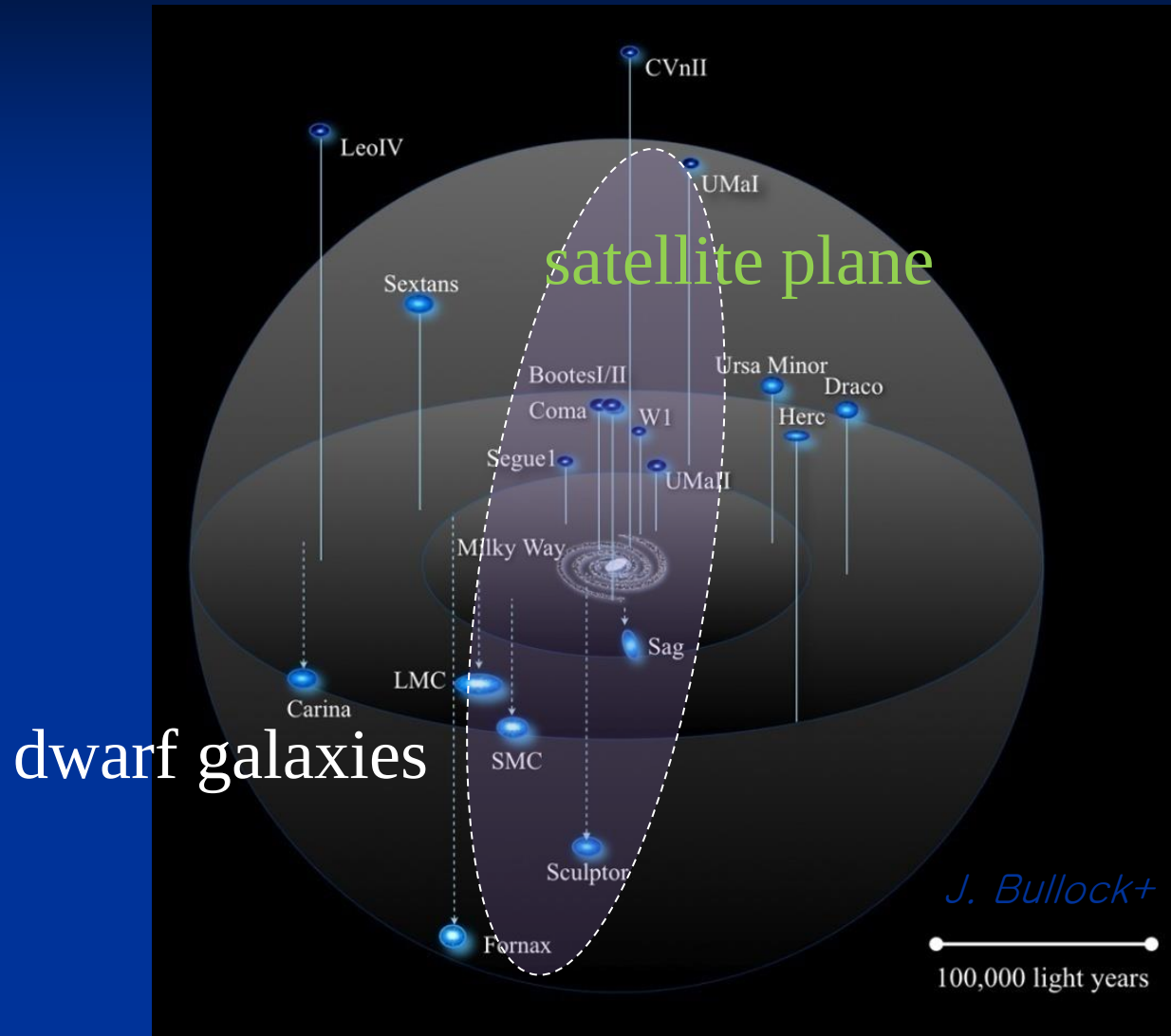
7. Li problem, Cosmic birefringence

...etc

→ Any good DM model should address these tensions



Galaxies observed

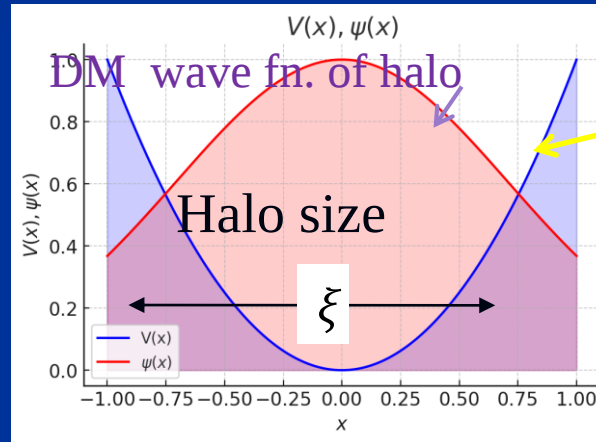
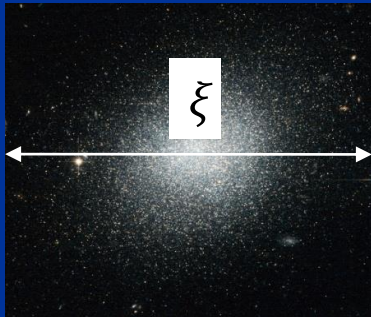


Minimum mass
 $\sim 10^6 M_\odot$

Any good DM model should explain observed galaxies

ULDM

- Galactic DM halo is a **BEC made of ultralight scalar particles**
- Quantum pressure** (from **uncertainty principle**) prevents collapse
- Galaxy size $\sim$ de Broglie wavelength of DM particles $\sim$ kpc
 $\rightarrow m \sim 10^{-22} \text{ eV}$
- Small $m \rightarrow$ high # density $\rightarrow$ overlap of wave fn. $\rightarrow$ classical wave



Self-gravitating potential well
 V

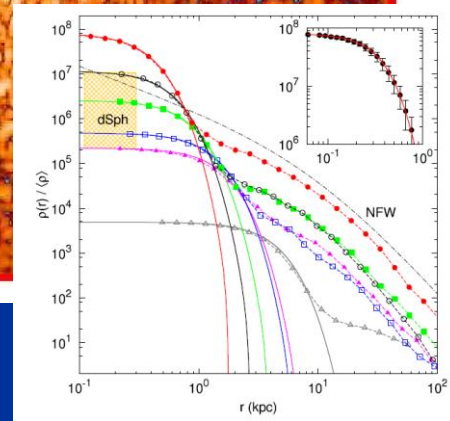
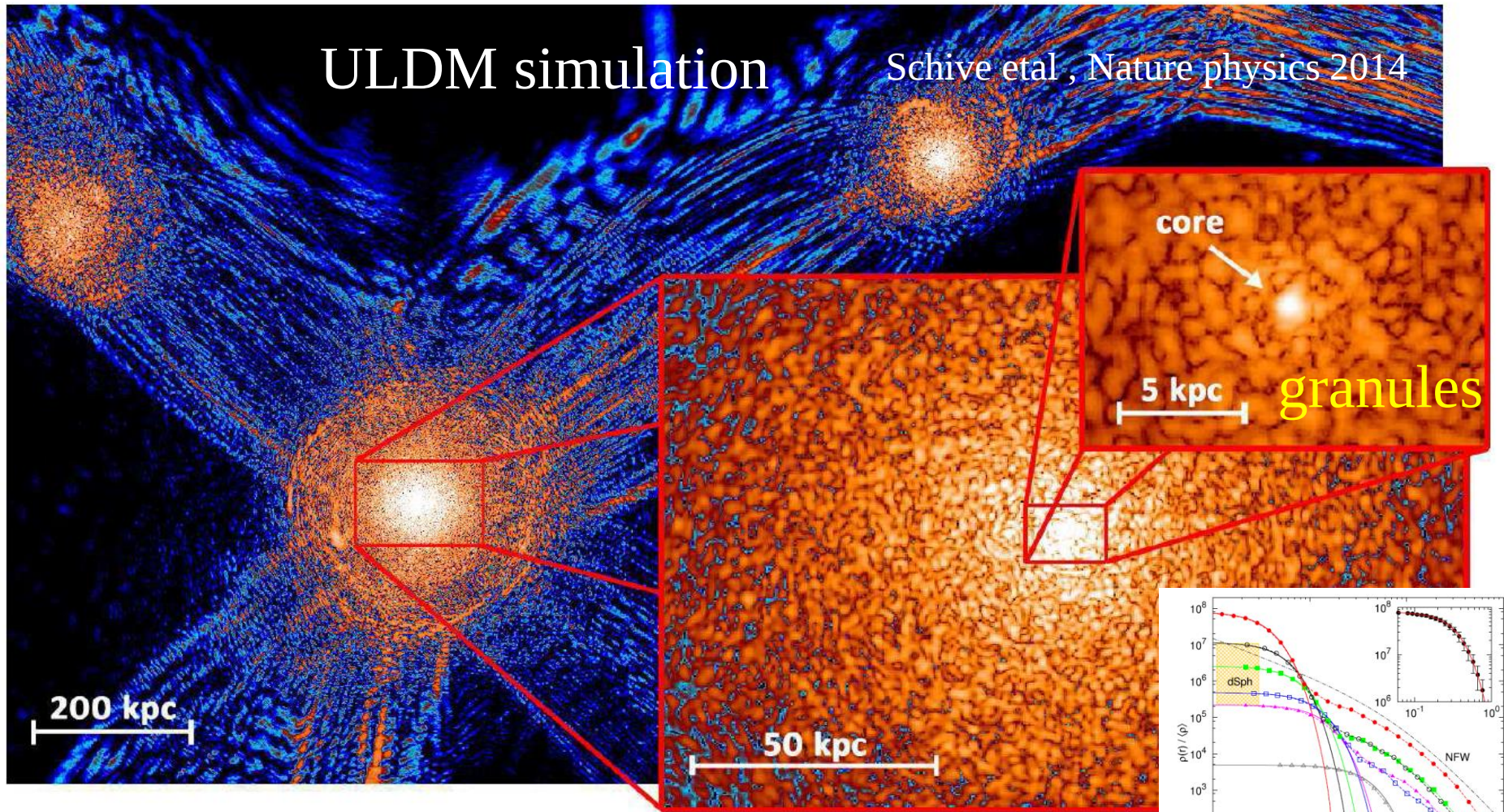
Schrodinger
 -Poisson (SP)

$$\begin{cases} i\hbar\partial_t\psi = -\frac{\hbar^2}{2m}\nabla^2\psi + mV\psi + int. \\ \nabla^2V = 4\pi G(\rho_d + \rho_v) \text{ visible}, \end{cases} \quad \rho_d = m|\psi|^2$$

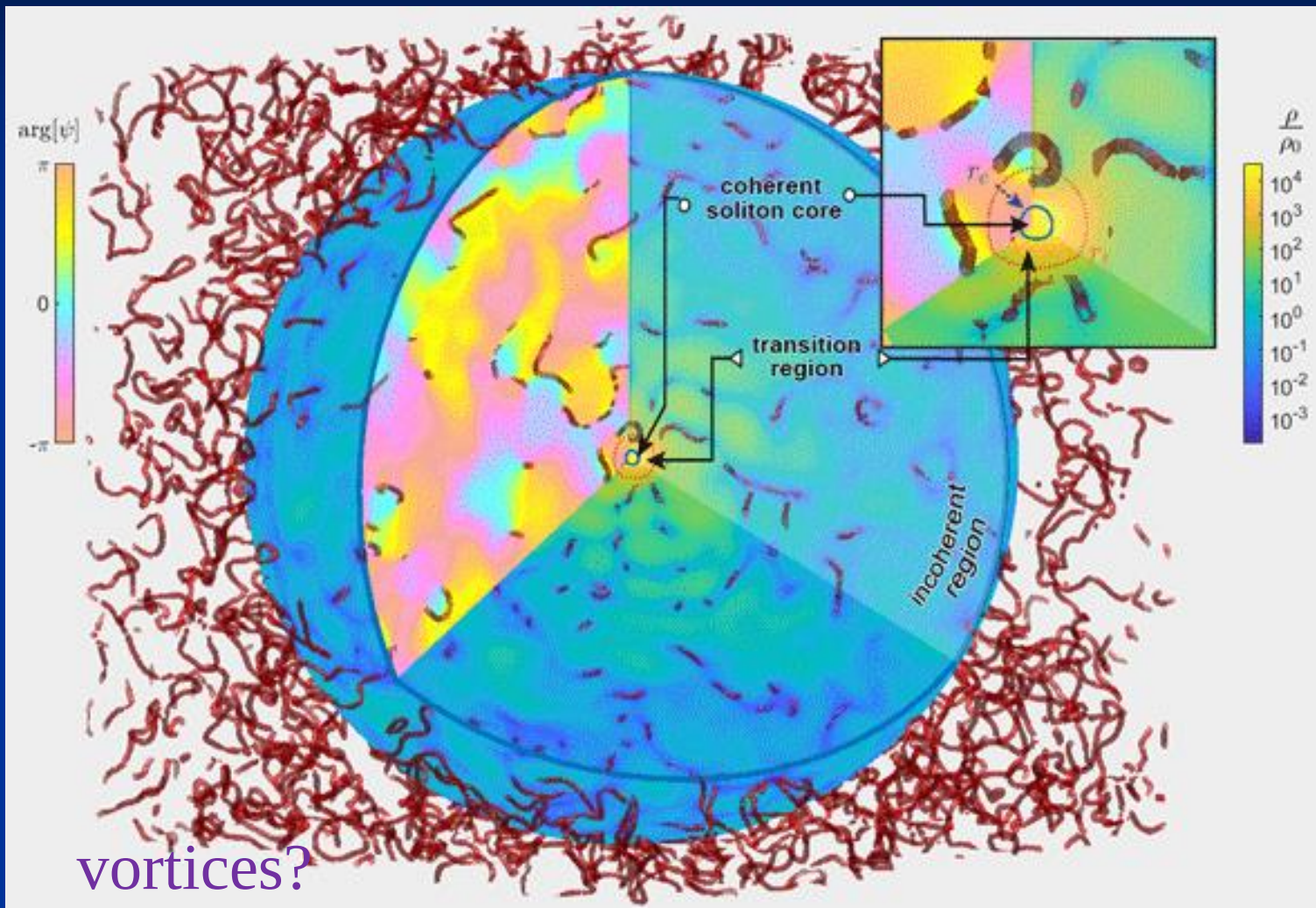
ULDM $\phi(t, x) = \frac{1}{\sqrt{2m}} [e^{-imt}\psi(t, x) + e^{imt}\psi^*(t, x)]$

ULDM simulation

Schive et al, Nature physics 2014



- core size $\sim$ granule size $\sim$ typical length $\sim$ kpc
- core profile nicely fits with dwarf galaxy observations

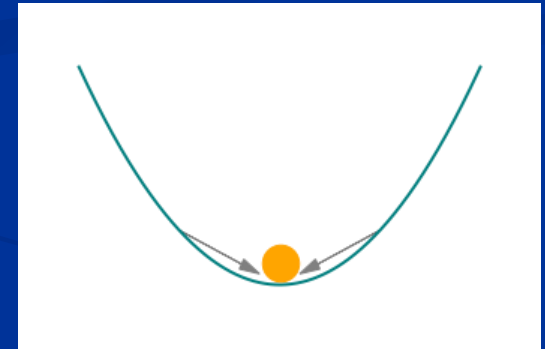


Features of ULDM

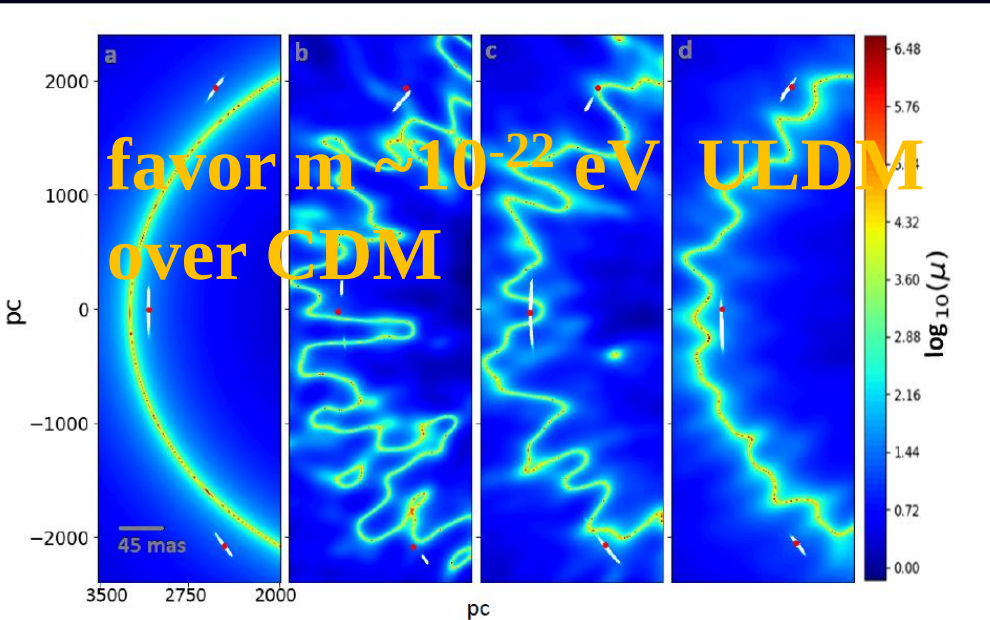
$$\phi(t, x) = \frac{1}{\sqrt{2m}} \left[e^{-imt} \psi(t, x) + e^{imt} \psi^*(t, x) \right]$$

fast (bg), slow (galaxy)

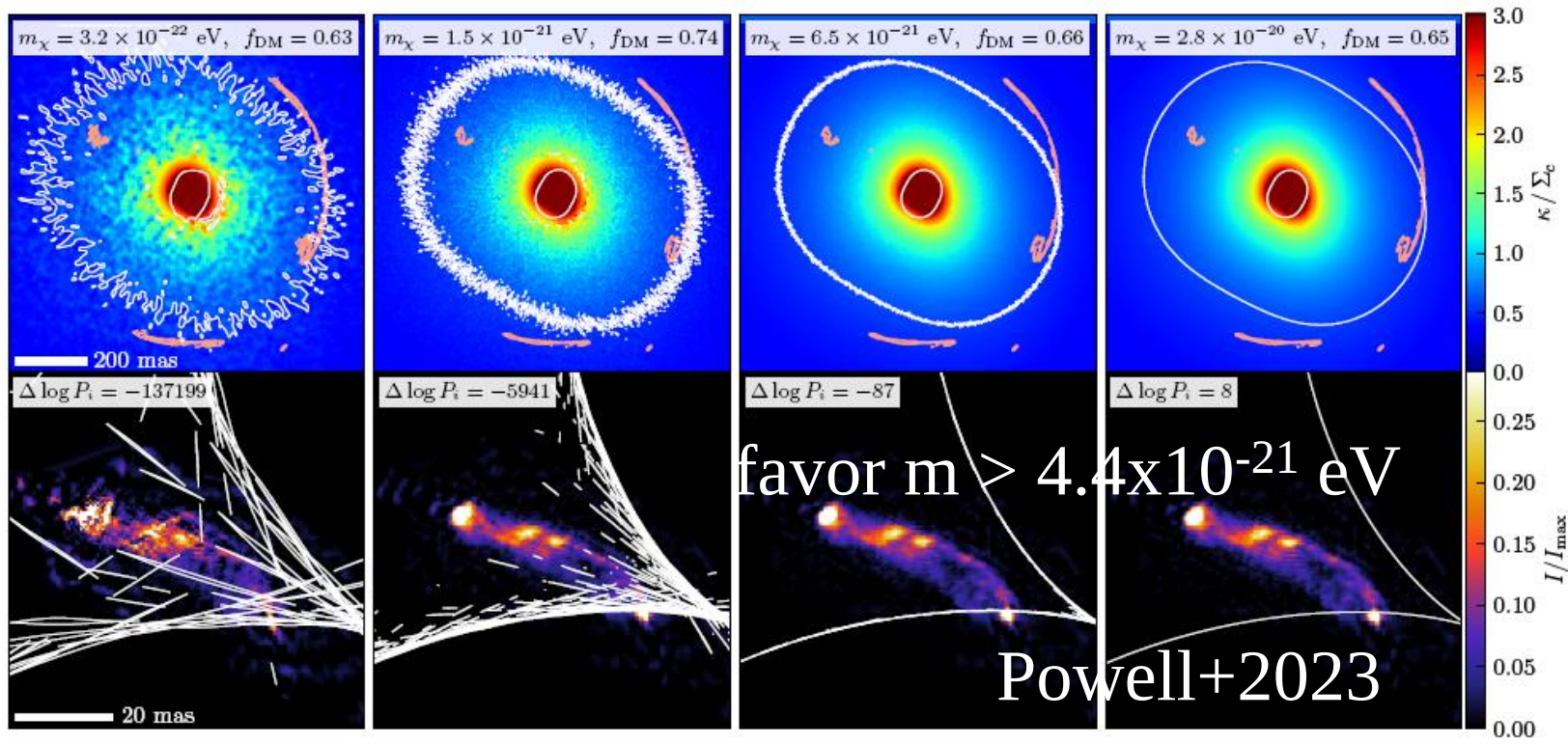
- Typical galaxy size $\sim \lambda_{dB} \sim \text{kpc}$
- wave nature $\rightarrow$ gravitational cooling
- small dynamical friction
- bg oscillation with $m \sim \text{nHz}$
- to explain DM density
 $\rightarrow$ GUT scale field value



$\rightarrow$ explain many mysteries of galaxies



ULDM well reproduce
lens of radio objects
Armurth+2023



Linear pert. Of ULDM

FDM has only 2 parameters m and bg density ρ_0
(+ λ for ϕ^4 self-interacting ULDM)

a =scale factor

Nonrelativistic



Madelung
representation

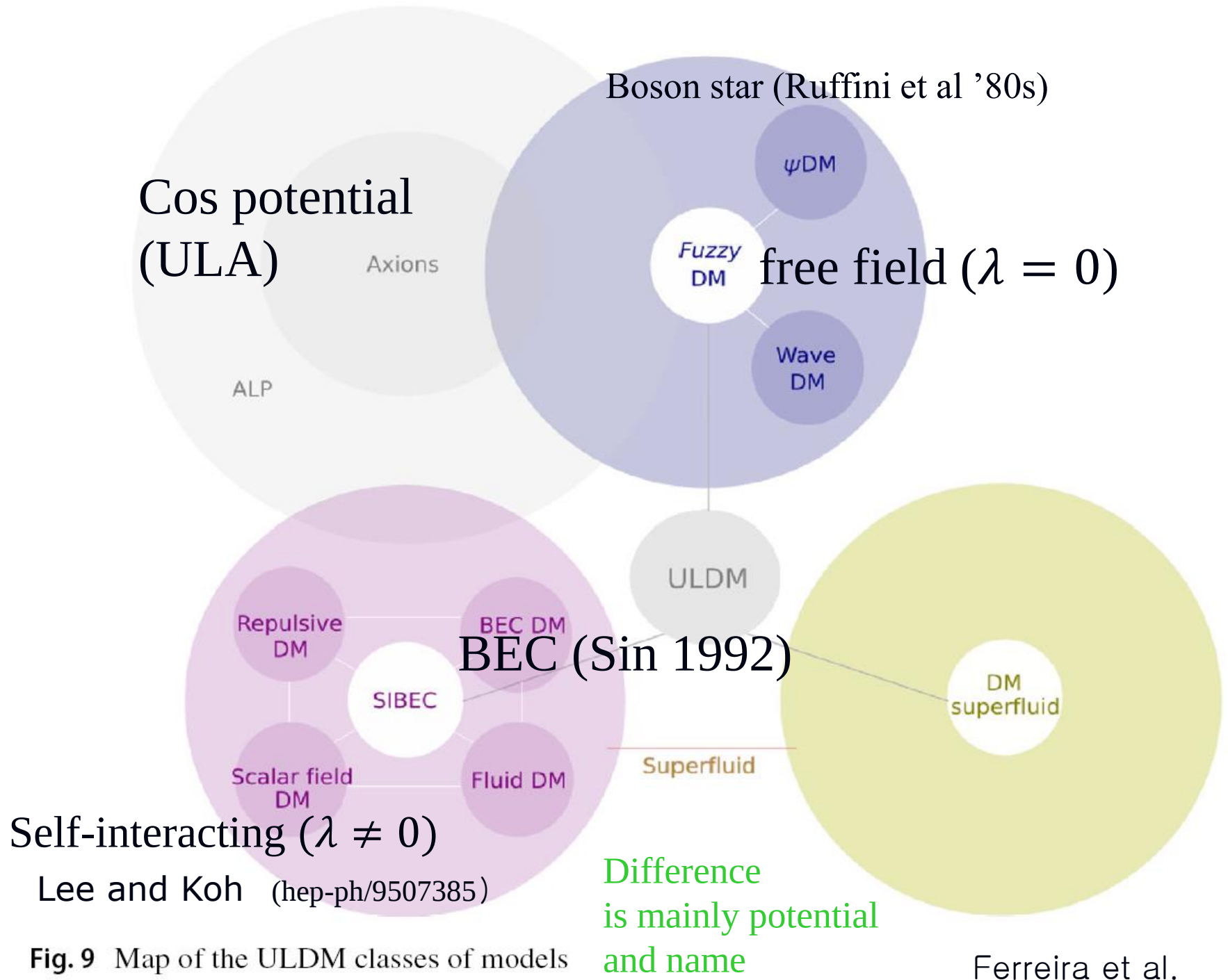
Density contrast
(k space)

$$\begin{aligned}
 & i\hbar\left(\frac{\partial\psi}{\partial t} + \frac{3}{2}H\psi\right) = -\frac{\hbar^2}{2ma^2}\Delta\psi + mV\psi + \frac{\lambda|\psi|^2\psi}{2m^2} \quad \text{self-int} \\
 & \text{perturbation with } \psi = \sqrt{\rho}e^{iS}, \quad v \equiv \frac{\hbar}{ma}\nabla S \Rightarrow \\
 & \begin{cases} \partial_t\rho + 3H\rho + \frac{1}{a}\nabla\cdot(\rho v) = 0 \\ \partial_tv + \frac{1}{a}v\cdot\nabla v + Hv + \frac{1}{\rho a}\nabla p + \frac{1}{a}\nabla V + \frac{\hbar^2}{2m^2a^3}\nabla\left(\frac{\Delta\sqrt{\rho}}{\sqrt{\rho}}\right) = 0 \end{cases} \\
 & \text{perturbation } \delta = \delta_k = \delta\rho/\rho_0 \quad \text{Quantum Pressure} \\
 & \Rightarrow \partial_t^2\delta + 2H\partial_t\delta + \left(\left(\frac{\hbar^2 k^2}{4m^2 a^2} + c_s^2\right)\frac{k^2}{a^2} - 4\pi G\rho_0\right)\delta = 0 \\
 & \quad \text{Hubble drag} \quad \text{gravity}
 \end{aligned}$$

Quantum Jeans length

$$\lambda_J = \frac{2\pi}{k_J} a = \pi^{3/4} \hbar^{1/2} (G\rho_0 m^2)^{-1/4} \propto 1/\sqrt{mH}$$

- CDM-like on super-galactic scale (for a small $k < k_J$)
- Suppress sub-galactic structure (for a large $k > k_J$)



Some of small scale issues with CDM

Sales+ 2206.05295

Λ CDM Tensions with Dwarf Galaxies

No tension

Uncertain

Weak tension

Strong tension



Missing satellites

$M_{\star}$ - M_{halo} relation



Too big to fail

Diversity of rotation curves



Core-cusp

Diversity of dwarf sizes



Satellite planes

Quiescent fractions

BTFR,
L catastrophe

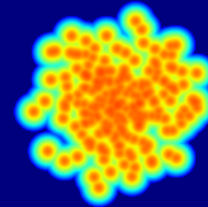
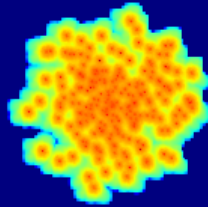
Park+ Jcap 2022

- Key problem is how to suppress small scale structures < dwarf galaxies.
→ we need a new CDM → ULDM with $m \sim 10^{-22}$ eV can solve many of these
- Still unsolved problems seem to be related to Baryon-DM relation
- Can baryon physics + precise numerical simulation + more observations save CDM?

CDM (Gadget3)

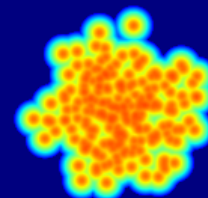
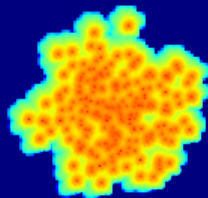
FDM (Pyultralight)

x-z



may solve the satellite plane problem

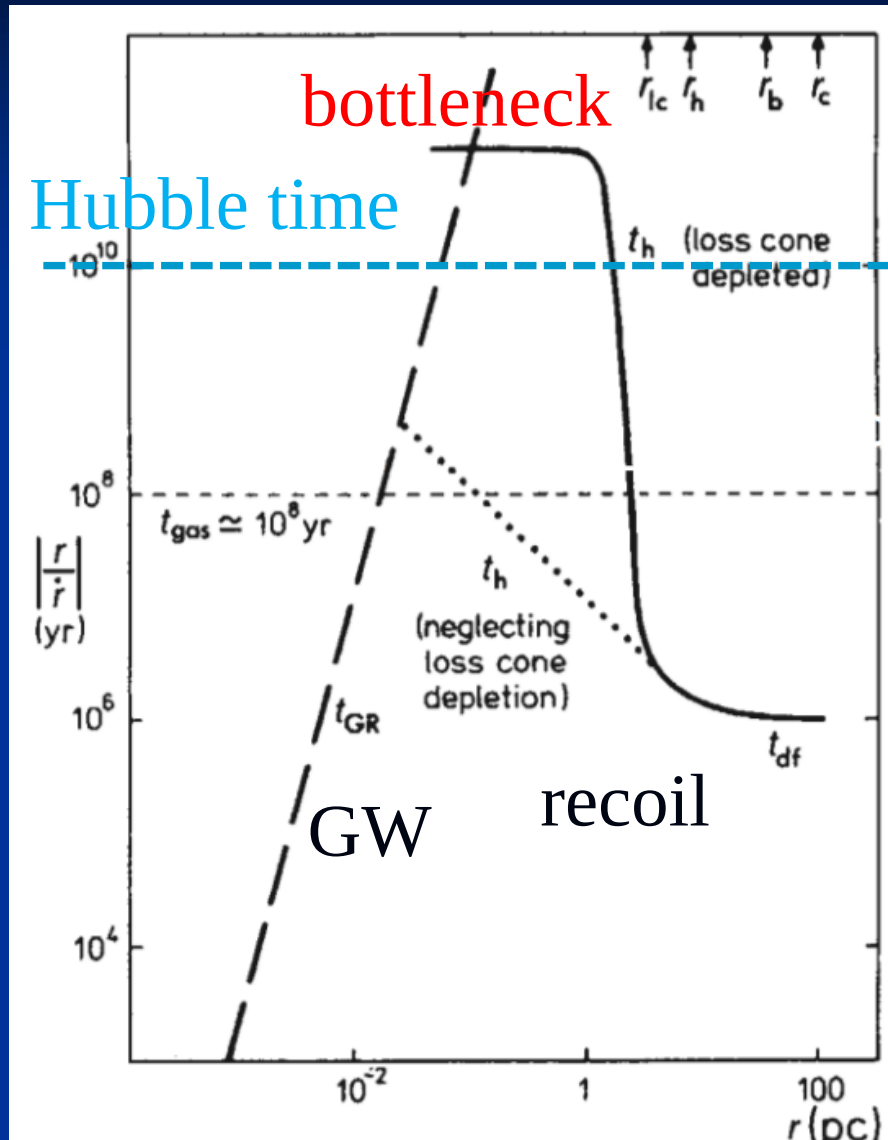
x-y



with 시립대

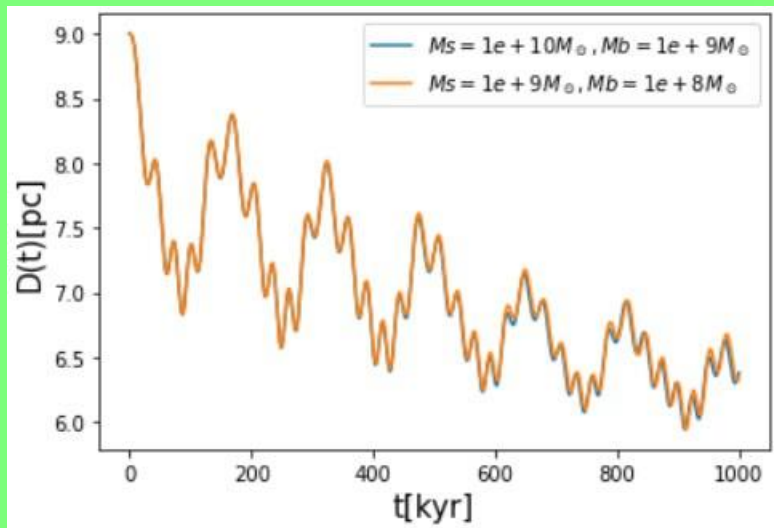
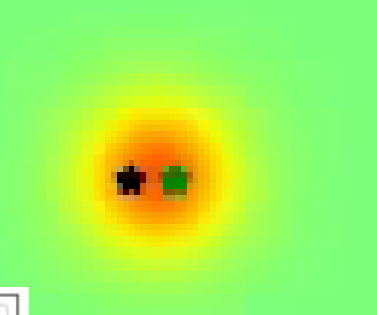
SPark, DBak, JLee, IPark JCAP 2022

Final pc problem



Begelman+ (1980)

BH binary in a ULDM spike



may solve final pc problem
(Koo+ 2311.03412)

Typical scales of FDM

JLee 2310.01442

time dependent and functions of $\frac{\hbar}{m}$

1) time

$t_c \simeq (G\bar{\rho})^{-1/2}$: Hubble time of formation $\sim$ dynamical time scale

2) length (q. Jeans length) $\rightarrow$ explain size evolution (JLee PLB 2016)

$$x_c = \lambda_{dB} = \left(\frac{\hbar}{m}\right)^2 \frac{1}{GM} = 854.8 \text{ pc} \left(\frac{10^{-22} \text{ eV}}{m}\right)^2 \frac{10^8 M_\odot}{M} = \sqrt{\frac{\hbar}{m}} (G\bar{\rho})^{-1/4}$$

$\sim$ Gravitational Bohr radius $\sim$ de Broglie wavelength

3) velocity

$$v_c \equiv x_c/t_c = GM m/\hbar = 22.4 \text{ km/s} \left(\frac{M}{10^8 M_\odot}\right) \left(\frac{m}{10^{-22} \text{ eV}}\right) \simeq \sqrt{\frac{\hbar}{m}} (G\bar{\rho})^{1/4},$$

4) mass

$$M_Q = \frac{4}{3} \left(\frac{\lambda_Q}{2}\right)^3 \bar{\rho} = \frac{4}{3} \pi^{\frac{13}{4}} \left(\frac{\hbar}{G^{\frac{1}{2}} m}\right)^{\frac{3}{2}} \bar{\rho}(z)^{\frac{1}{4}} = 1.54 \times 10^8 M_\odot \left(\frac{m}{10^{-22} \text{ eV}}\right)^{-3/2} \left(\frac{\bar{\rho}}{10^{-7} M_\odot/\text{pc}^3}\right)^{1/4}$$

also explain max. mass of galaxies $\sim 10^{12} M_\odot$

5) Angular momentum

$$L_c = M x_c v_c = \hbar \frac{M}{m} = N\hbar, \text{ (L eigenstates?)}$$

$$= 1.1 \times 10^{96} \hbar \left(\frac{M}{10^8 M_\odot} \right) \left(\frac{10^{-22} \text{eV}}{m} \right) \simeq \frac{\left(\frac{\hbar}{m} \right)^{5/2} \bar{\rho}^{1/4}}{G^{3/4}}$$

6) acceleration $\rightarrow$ MOND (LKL, PLB 2019)

$$a_c = x_c / t_c^2 = G^3 m^4 M^3 / \hbar^4$$

$$= 1.9 \times 10^{-11} \text{meter/s}^2 \left(\frac{m}{10^{-22} \text{eV}} \right)^4 \left(\frac{M}{10^8 M_\odot} \right)^3 \simeq \sqrt{\frac{\hbar}{m}} (G \bar{\rho})^{3/4}$$

cf) MOND scale $a_0 = 1.2 \times 10^{-10} \text{meter/s}^2$

7) potential $V_c = 1$ gives Max. Galaxy mass $M = 10^{12} M_\odot$

$$V_c = \frac{m^2}{\hbar^2} (4\pi G M)^2 = 8.8 \times 10^{-7} c^2 \sim \left(\frac{m}{10^{-22} \text{eV}} \right)^2 \left(\frac{M}{10^8 M_\odot} \right)^2 \quad \text{Nonrelativistic}$$

FDM gives typical scales of (dwarf) galaxies

ULA miracle

$$I = \int d^4x \sqrt{g} \left[\frac{1}{2} F^2 g^{\mu\nu} \partial_\mu a \partial_\nu a - \mu^4 (1 - \cos a) \right]$$

$$m = \frac{\mu^2}{F}$$

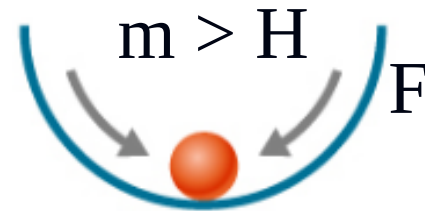
$$\ddot{a} + 3H\dot{a} + m^2 \sin a = 0$$

$$\text{oscillation starts at } H \sim \frac{T_{osc}^2}{M_P} = m$$

$$\text{MDE starts at } T_1 \sim 1 \text{ eV} \rightarrow \frac{\mu^4(DM)}{T_{osc}^4(rad)} \rightarrow \frac{\mu^4 T_{osc}}{T_{osc}^4 T_1} \sim 1$$

$$F = \frac{\mu^2}{m} \sim \frac{M_P^{3/4} T_1^{1/2}}{m^{1/4}} \sim 10^{17} \text{ GeV} \quad \text{typical field value}$$

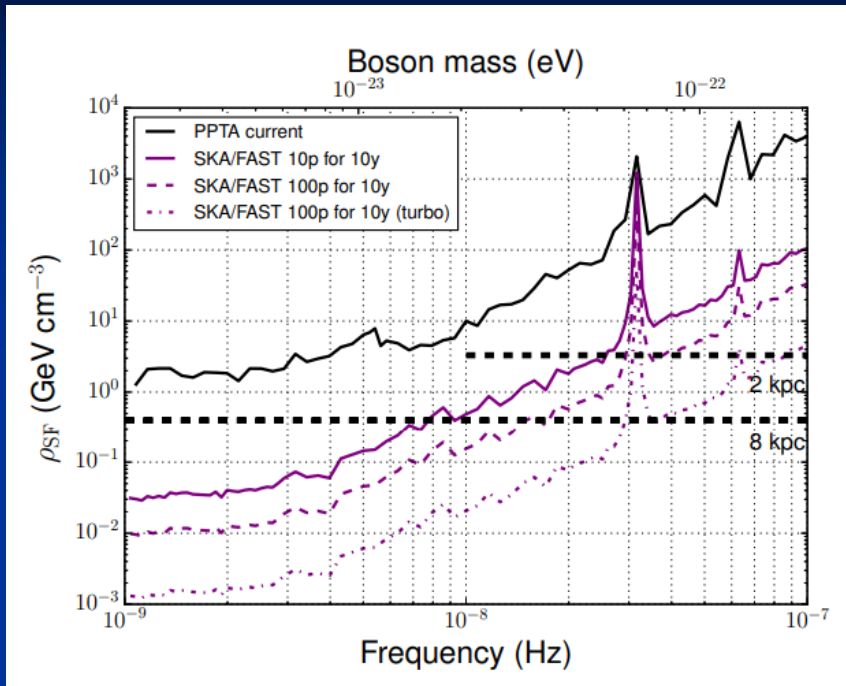
$$\Omega_a \sim 0.1 \left(\frac{F}{10^{17} \text{ GeV}} \right)^2 \left(\frac{m}{10^{-22} \text{ eV}} \right)^{1/2} \quad \text{ULA miracle?}$$



Hui et al 2017

ULDM naturally explains DM density with GUT scale.
 This holds for generic ULDM with a quadratic pot.

GW background detected by pulsar timing array



1810.03227

ULDM has
intrinsic osc time scale
period $\sim 1/m \sim \text{yrs}$

$$\omega = \frac{1}{2.5 \text{ months}} \frac{m}{10^{-22} \text{ eV}}$$



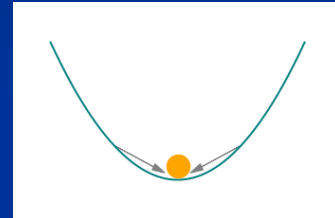
Thermal history of FDM

GUT

$$F \sim \frac{M_P^{3/4} T_1^{1/2}}{m^{1/4}} \sim 10^{17} \text{ GeV}$$

Oscillation
starts

$$T_{osc} \sim (M_P m)^{1/2} \sim 10^3 \text{ eV}$$



mde

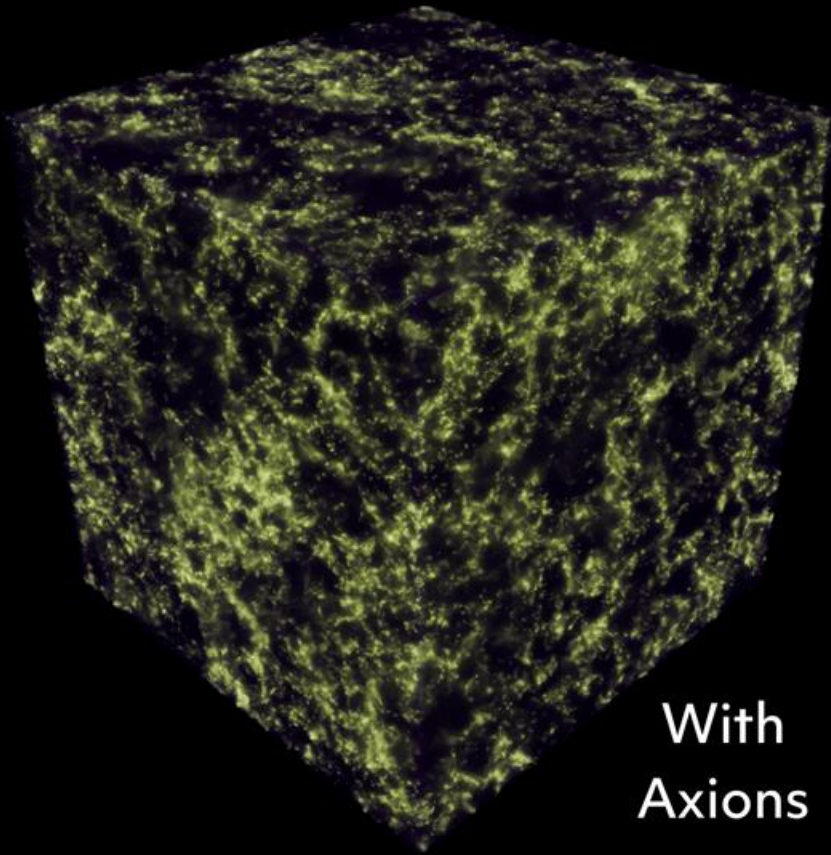
$$T_1 \sim 1 \text{ eV}$$

Now

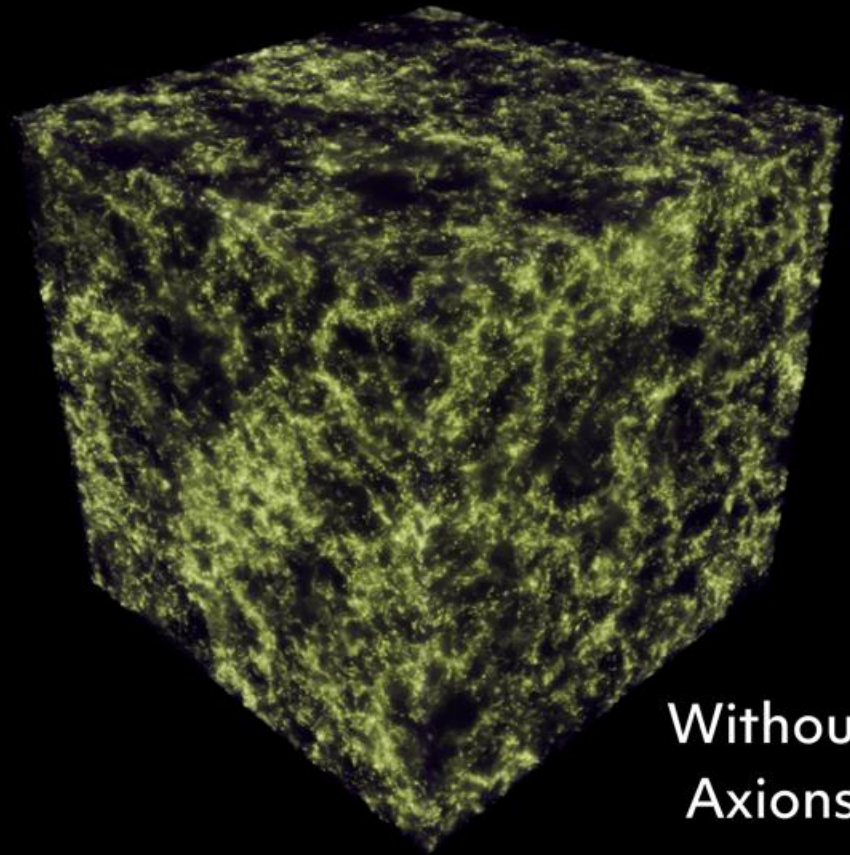
$$T_0 \sim 10^{-4} \text{ eV}$$

$$\Omega_\phi \sim 0.1 \left(\frac{F}{10^{17} \text{ GeV}} \right)^2 \left(\frac{m}{10^{-22} \text{ eV}} \right)^{1/2}$$

$$S_8=0.76 \text{ (WL)} \\ =0.82 \text{ (CMB}+\Lambda\text{CDM)}$$



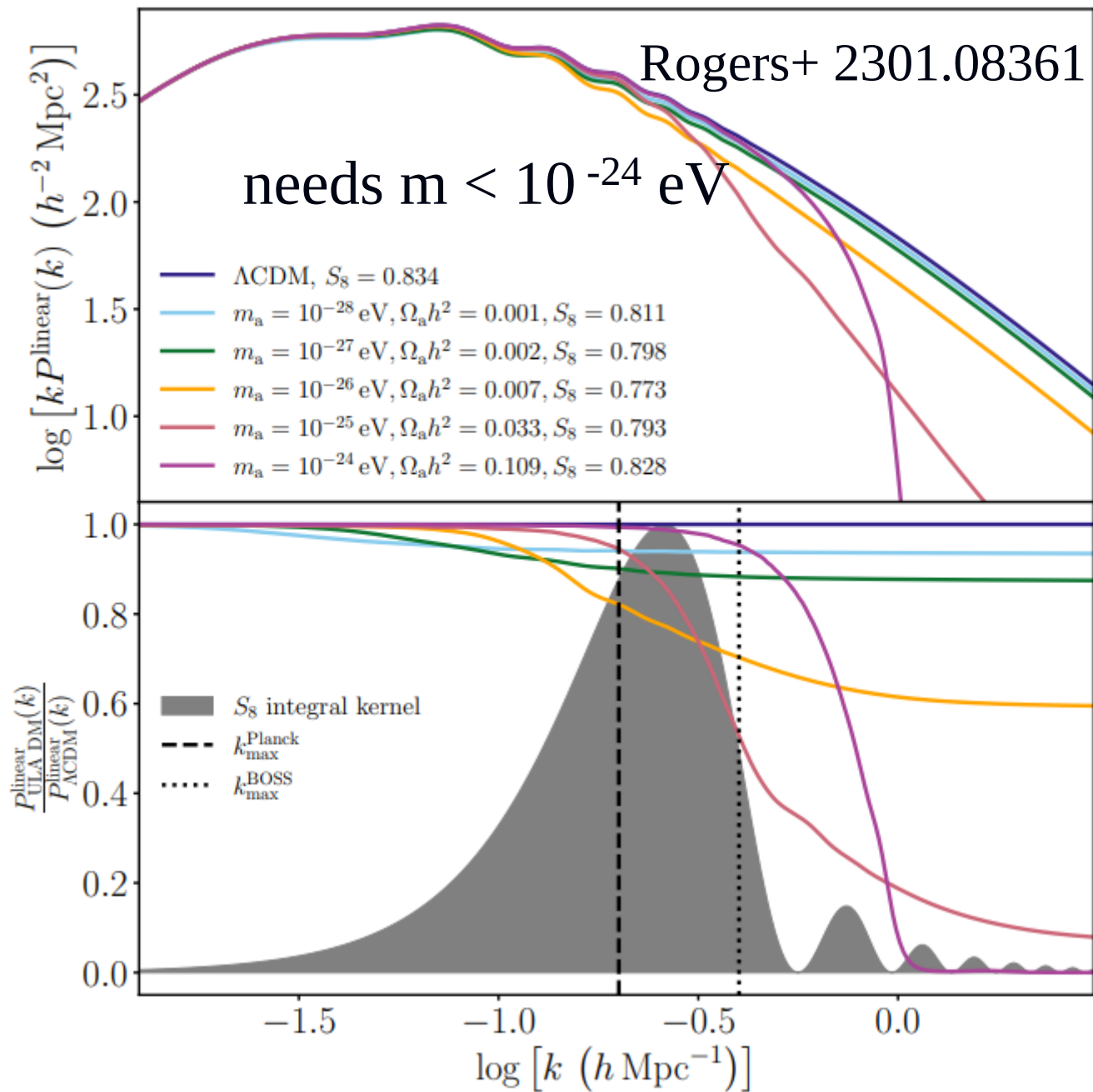
With
Axions



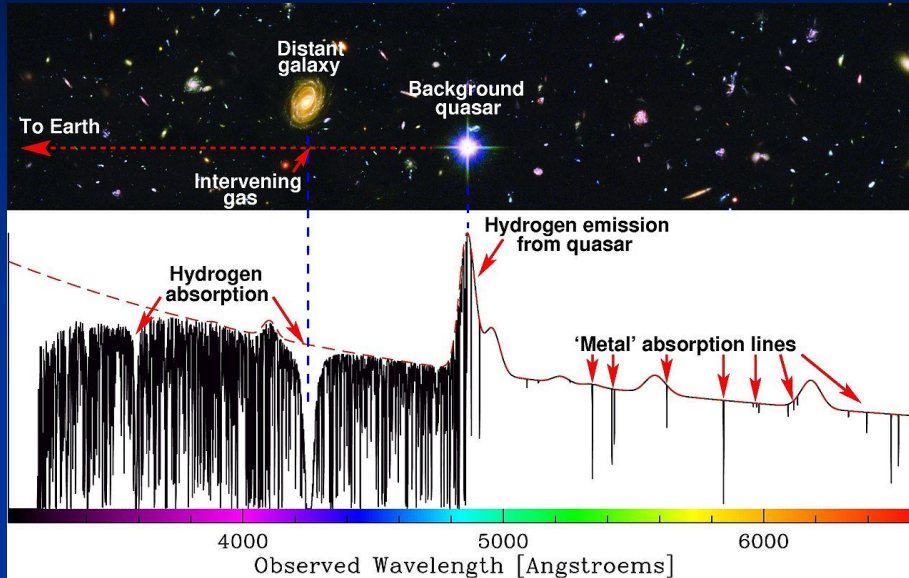
Without
Axions

Alexander Spencer London

Can FDM solve S_8 tension?

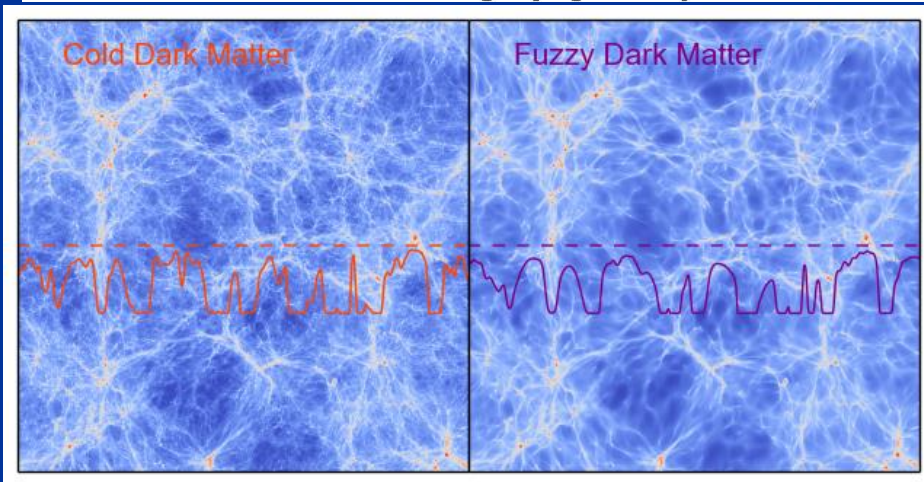


Lyman alpha tension?



$$m > 10^{-21} \text{eV}$$

PRL 2017 (Irisic et al)



Hydrosimulation uncertainty
is large

$$\text{WDM (1, 3.3) keV} \sim \text{FDM (1, 20) } \times 10^{-22} \text{eV}$$

Self-Interacting ULDM

Lee and Koh (PRD 53, hep-ph/9507385)

Galactic DM is described by **coherent scalar field with self-interaction**

Action
$$S = \int \sqrt{-g} d^4x \left[\frac{-R}{16\pi G} - \frac{g^{\mu\nu}}{2} \phi_{;\mu}^* \phi_{;\nu} - \frac{m^2}{2} |\phi|^2 - \frac{\lambda}{4} |\phi|^4 \right]$$
 typical ϕ^4 theory with gravity

Metric
$$ds^2 = -B(r)dt^2 + A(r)dr^2 + r^2 d\Omega$$
 Spherical.

Field
$$\phi(r, t) = (4\pi G)^{-\frac{1}{2}} \sigma(r) e^{-i\omega t}$$
 Stationary spherical

Exact ground state
$$\sigma_* = \sqrt{\frac{\gamma_0 \sin(\sqrt{2}r_*)}{\sqrt{2}r_*}}$$

$$r_* = r\Lambda^{-1/2}$$

$$\Lambda \equiv \frac{\lambda m_P^2}{4\pi m^2}, \quad \Lambda \gg 1 \quad (\text{Newtonian \& TF limit})$$

$$\text{New length scale } R_{TF} \approx \frac{\sqrt{\Lambda}}{m} = \sqrt{\frac{\pi \hbar^3 \lambda}{8cGm^4}}$$

$$\text{\& mass scale } M_{\max} = \sqrt{\Lambda} \frac{m_P^2}{m}$$

Even tiny self-interaction drastically changes the scales!

→ allows wider range for m

→ constant length scale!

Merits of studying self-interacting ULDM

We can

- allow wider mass range
→ avoid some tensions of FDM
- study direct, or indirect detection of ULDM
- calculate abundance
- understand particle model
- solve other mysteries like Hubble tension

Typical scales for selfinteracting ULDM

Lee & Ji 2412.10285

are functions of $\tilde{m} = \frac{m}{\lambda^{1/4}} \sim$ energy scale of ULDM

1) time

$$t_c \simeq (G\bar{\rho})^{-1/2} : \text{Hubble time}$$

2) length (Jeans length from self-int.)

$$\lambda_J = 2\pi/k_J = \sqrt{\frac{\pi\hbar^3\lambda}{2cGm^4}} = 0.978 \text{ kpc} \left(\frac{\tilde{m}}{10\text{eV}}\right)^{-2} = 2 R_{\text{TF}} \quad \text{t-indep.} \rightarrow \tilde{m} \sim 10\text{eV}$$

3) mass $M_J = \frac{4\pi}{3} \left(\frac{\lambda_J}{2}\right)^3 \bar{\rho} = \frac{\pi^{5/2}}{\sqrt{288}} \left(\frac{\hbar^3\lambda}{cGm^4}\right)^{3/2} \bar{\rho} = 4.908 \times 10^6 M_\odot \left(\frac{\tilde{m}}{10\text{eV}}\right)^{-6} \left(\frac{\bar{\rho}}{10^{-2} M_\odot/\text{pc}^3}\right)$
too small for $\tilde{m} \sim 10\text{eV}$

4) velocity $v_c \equiv x_c/t_c = \frac{2^{7/4} \left(\frac{cG^3 m^1}{\hbar^3 \lambda}\right)^{1/4}}{\pi^{1/4}} \sqrt{M} = 59.28 \text{ km/s} \left(\frac{M}{10^8 M_\odot}\right)^{1/2} \left(\frac{\tilde{m}}{10\text{eV}}\right)$

5) Angular momentum

$$L_c = M \mathbf{x}_c v_c = \left(\frac{32\pi G \hbar^3 \lambda}{cm^4} \right)^{1/4} M^{3/2} = 3.375 \times 10^{96} \hbar \left(\frac{M}{10^8 M_\odot} \right)^{3/2} \left(\frac{10\text{eV}}{\tilde{m}} \right)$$

6) acceleration

$$a_c = x_c/t_c^2 = \frac{16cG^2 m^4 M}{\pi \hbar^3 \lambda} = 1.163 \times 10^{-10} \text{ meter/s}^2 \left(\frac{\tilde{m}}{10\text{eV}} \right)^4 \left(\frac{M}{10^8 M_\odot} \right)$$

cf) MOND scale $a_0 = 1.2 \times 10^{-10} \text{ meter/s}^2$

7) potential $V_c = 1$ gives Max. Galaxy mass $M \sim 10^{16} M_\odot$

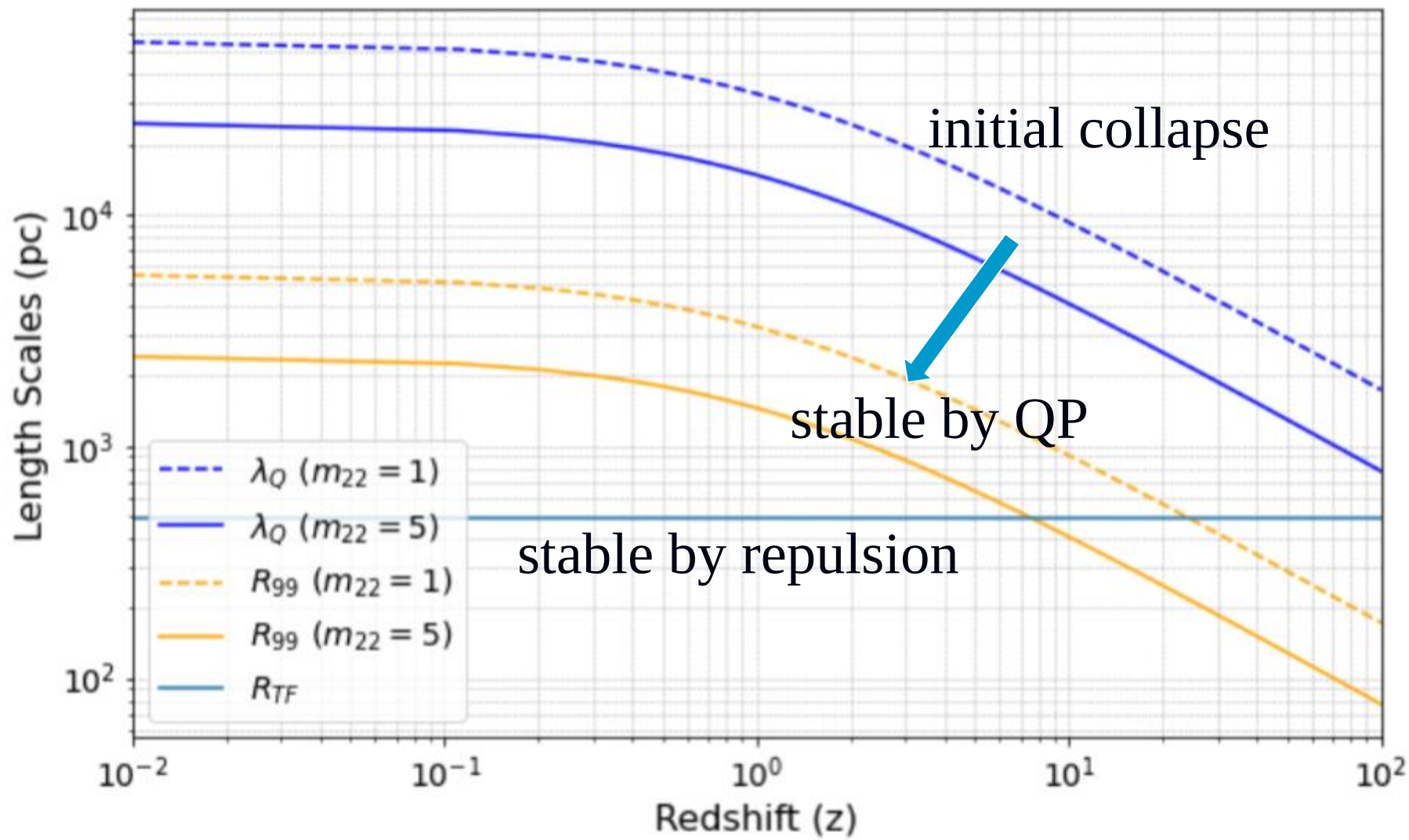
$$V_c = \frac{GM}{x_c} = \frac{GM \sqrt{\frac{2}{\pi}}}{\sqrt{\frac{\hbar^3 \lambda}{cGm^4}}} = 4.888 \times 10^{-9} c^2 \left(\frac{\tilde{m}}{10\text{eV}} \right)^2 \left(\frac{M}{10^8 M_\odot} \right)$$

8) density

$$\rho_c = \frac{2\sqrt{2}M \left(\frac{cGm^4}{\lambda} \right)^{3/2}}{\hbar^{9/2} \pi^{3/2}} = 0.106 M_\odot / pc^3 \left(\frac{\tilde{m}}{10\text{eV}} \right)^6 \left(\frac{M}{10^8 M_\odot} \right)$$

9) surface density observed $\Sigma_c = 10^{2.15 \pm 0.2} M_\odot pc^{-2}$

$$\Sigma = \frac{\hbar \pi^{3/2} \sqrt{\frac{\hbar \lambda}{cGm^4}} \rho}{6\sqrt{2}} = 5.124 M_\odot / pc^2 \left(\frac{\tilde{m}}{10\text{eV}} \right)^{-2} \left(\frac{\bar{\rho}}{10^{-2} M_\odot / pc^3} \right)$$



some constraints

1) perturbative $\lambda < 1 \rightarrow m \leq 10^3 \text{ eV}$

2) max Mass $\lambda^{1/2} \left(\frac{m_p}{m}\right)^2 \geq 10^{50} \rightarrow m^4 < \lambda \times 2.2 \times 10^{12} \text{ eV}^4 \rightarrow 10^{-100} < \lambda$

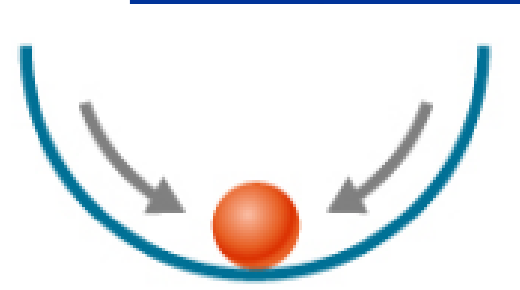
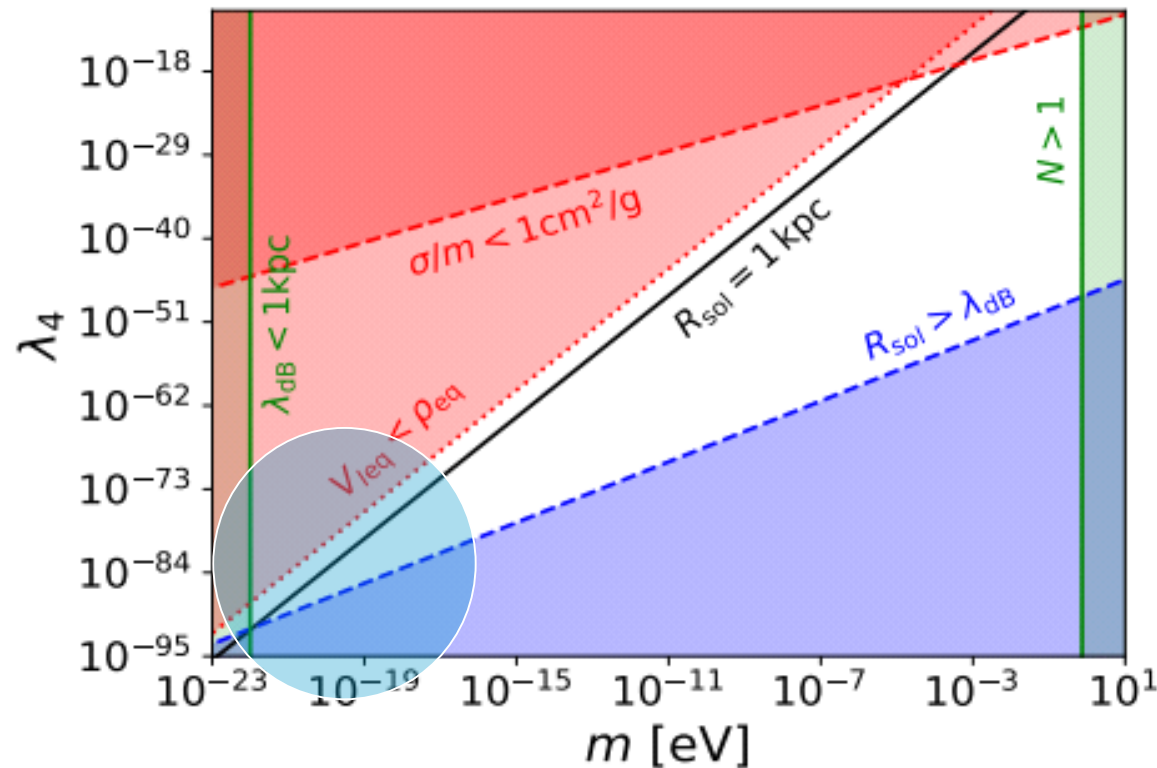
3) interparticle distance < Compton wavelength
 $\rightarrow m \leq 10^{-2} \text{ eV}$

4) Core size $\lambda_J = 98 \left(\frac{\lambda^{1/4}}{m}\right)^2 \text{ kpc} \sim \text{kpc} \rightarrow m / \lambda^{1/4} \sim 10 \text{ eV}$

5) act as DM at MR equality $m / \lambda^{1/4} > 1 \text{ eV}$

cosmological constraints

Garcia + 2304.10221



Detection

Using atomic clocks to detect ULDM by mimicking time variations of fundamental constants

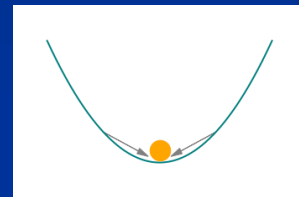
dilatonic coupling

$$\mathcal{L} \supset \varphi \frac{d_e}{4\mu_0} F_{\mu\nu} F^{\mu\nu},$$

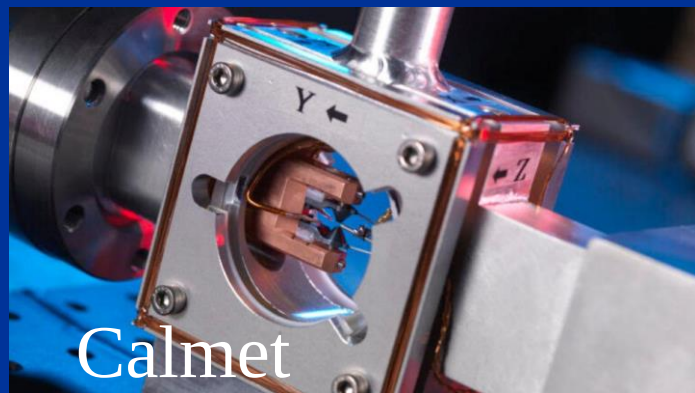


$$\alpha(t) \approx \alpha [1 + d_e \varphi_0 \cos(\omega t + \delta)]$$

Oscillation of fine structure constant

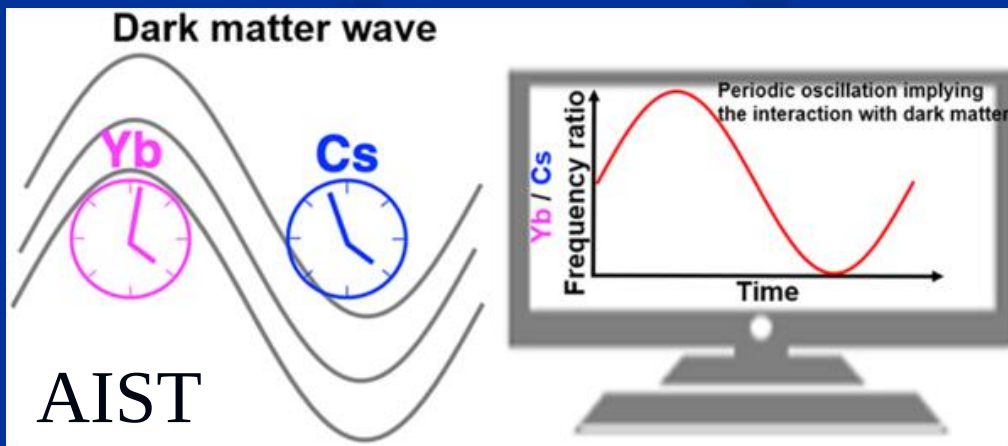


Due to nuclear and atomic structure Yb and Cs have different frequency dependency on α (special relativistic effects)



Calmet

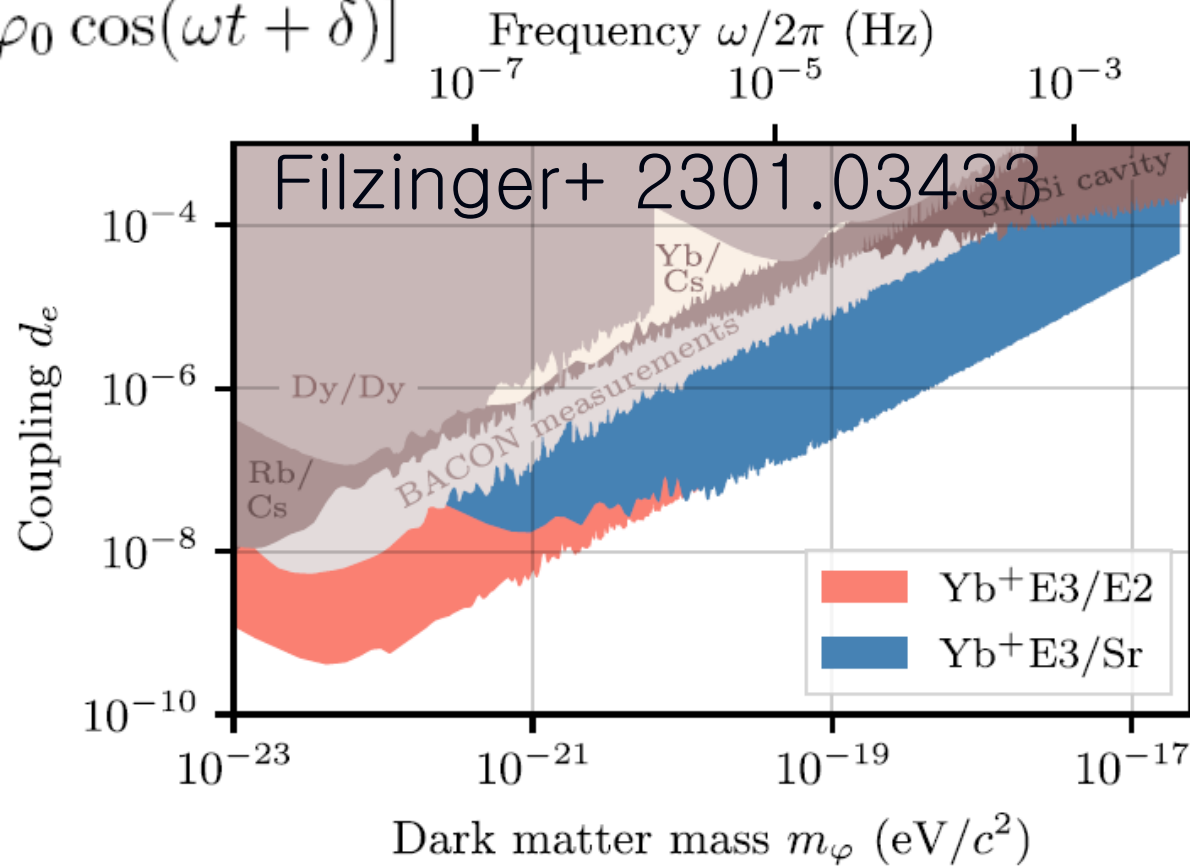
One-loop
correction strongly
constrain couplings



AIST

detection

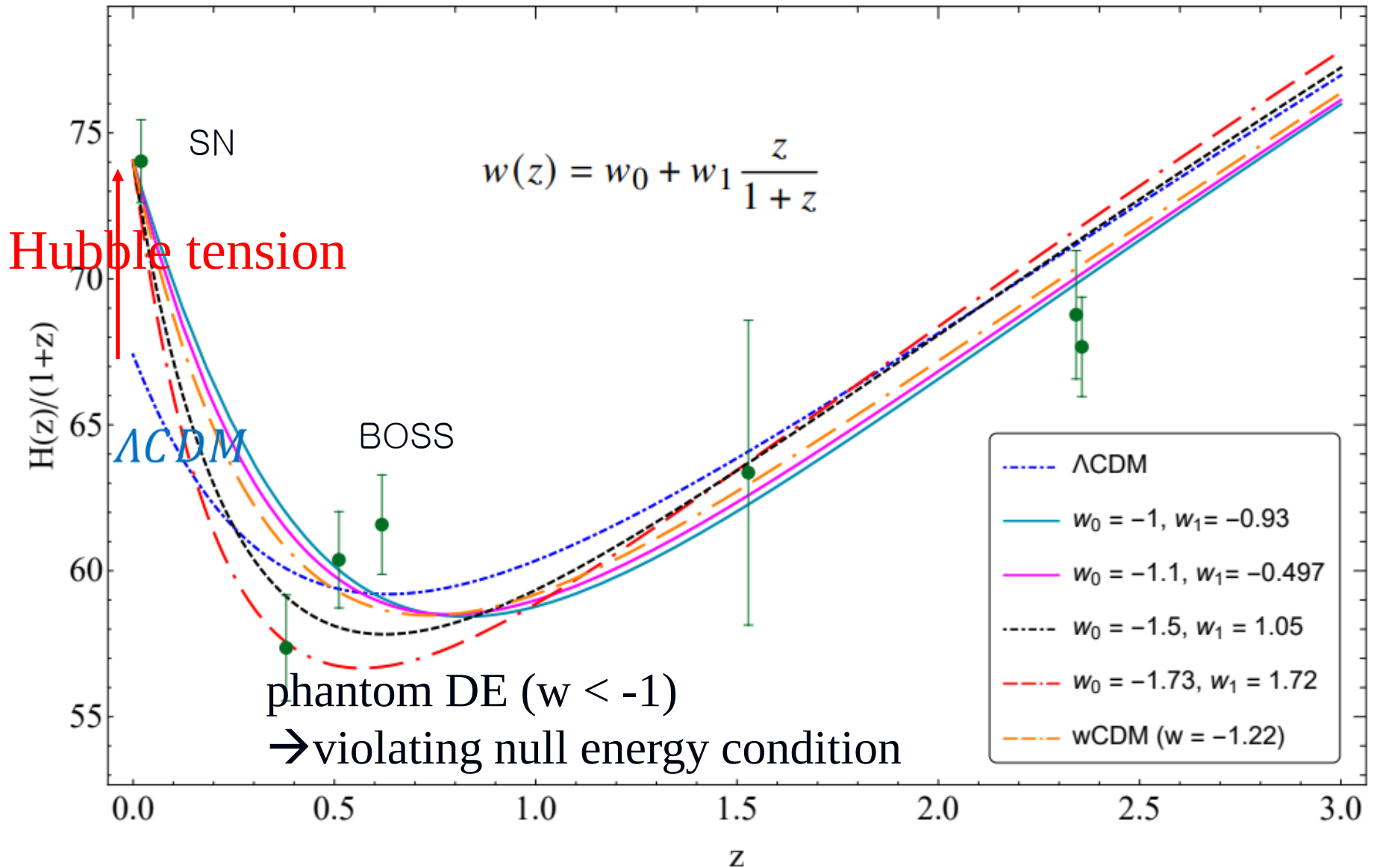
$$\alpha(t) \approx \alpha [1 + d_e \varphi_0 \cos(\omega t + \delta)]$$



$$\delta\lambda_{\phi,SM} \approx + \left((d_m \kappa m_i)^4 \right) / (16\pi^2)$$

$$\approx 10^{(-92)} * \left((d_m) / (10^{(-6)}) \right)^4$$

Arvantiki 1405.2925



- standard ruler in the sky: distance travelled by sound wave until recombination.

- problem: only **angular scale of sound horizon** is accessible

$$\theta_s \equiv \frac{r_s(z_*)}{d_A(z_*)}$$

0.04% precision!

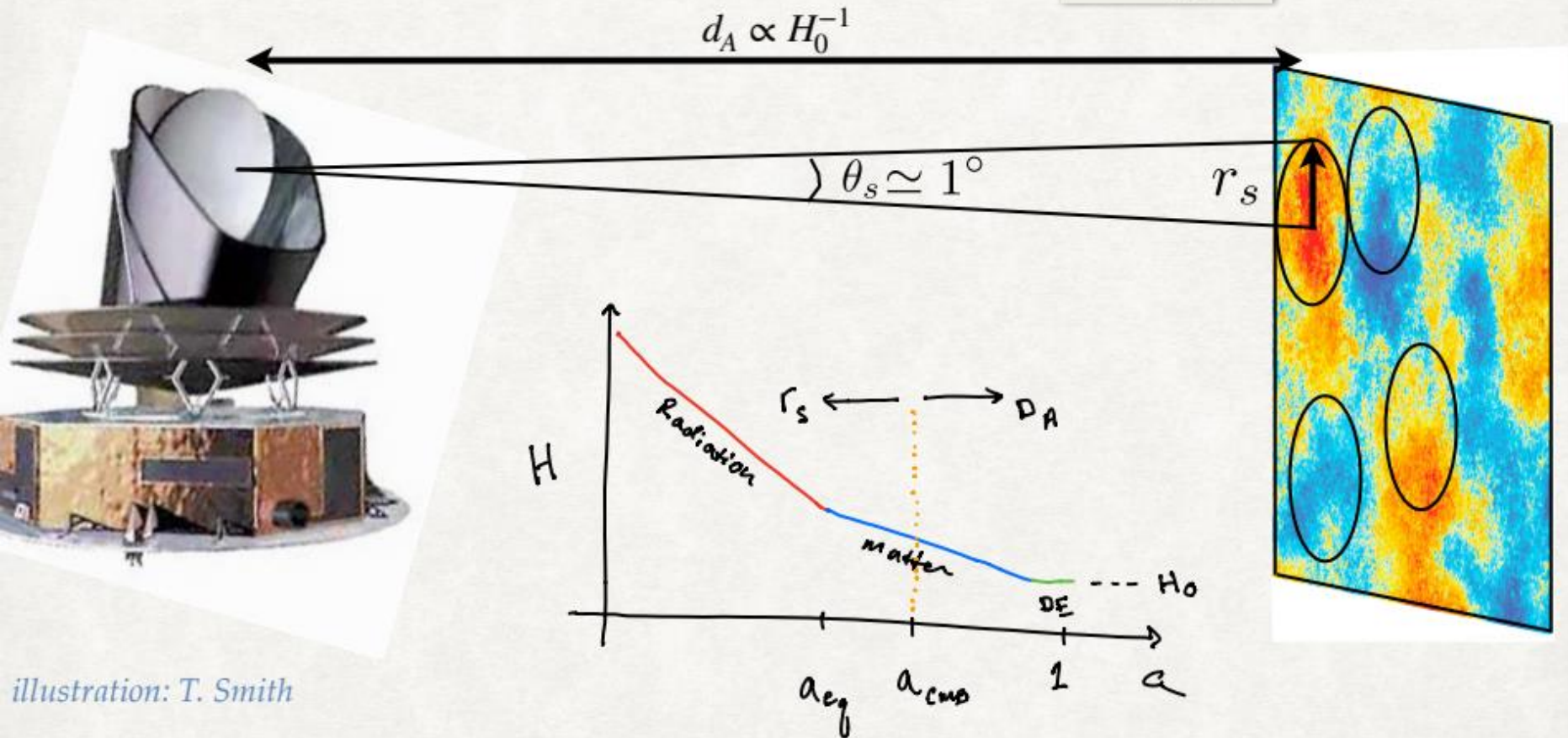
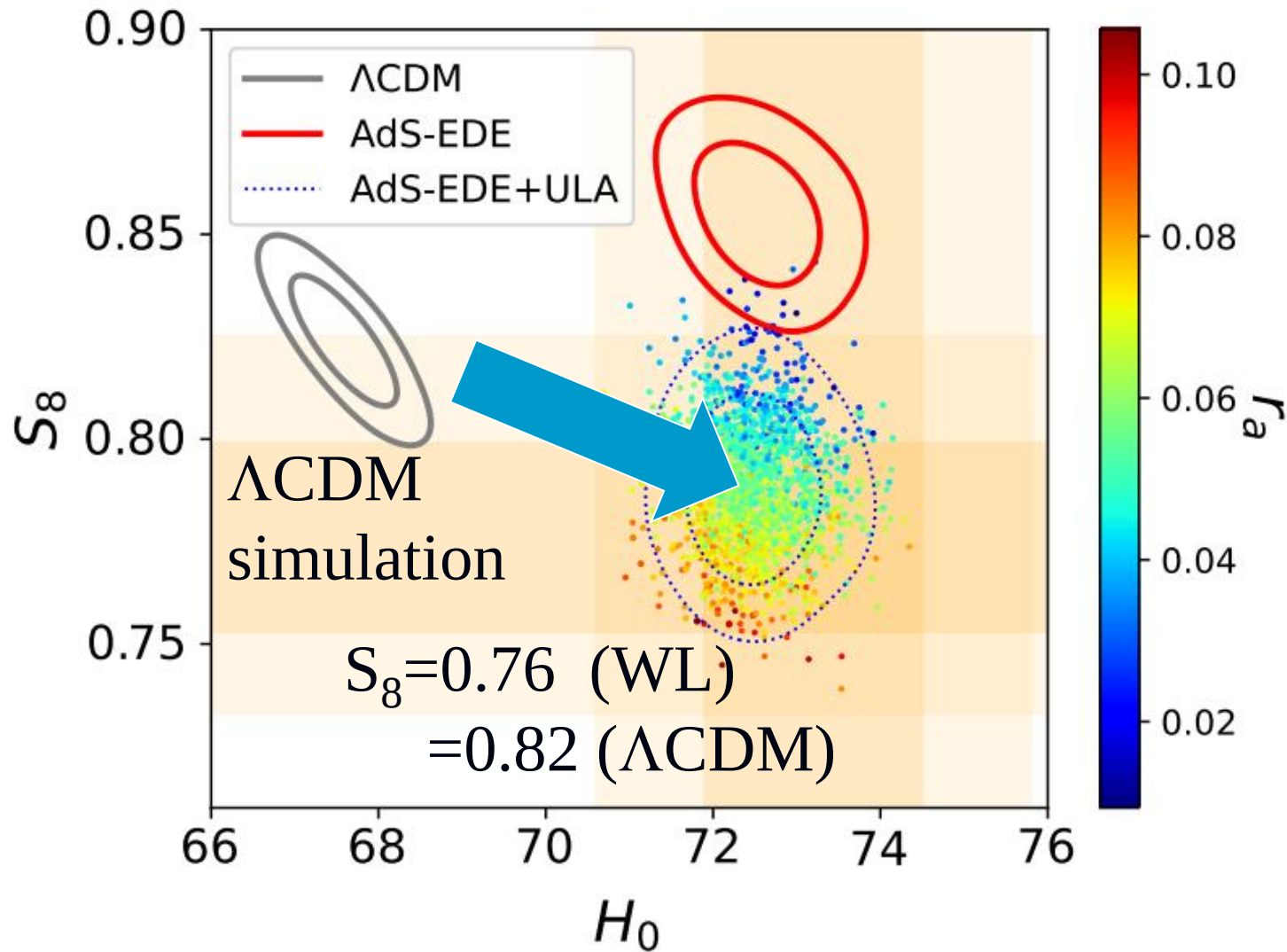
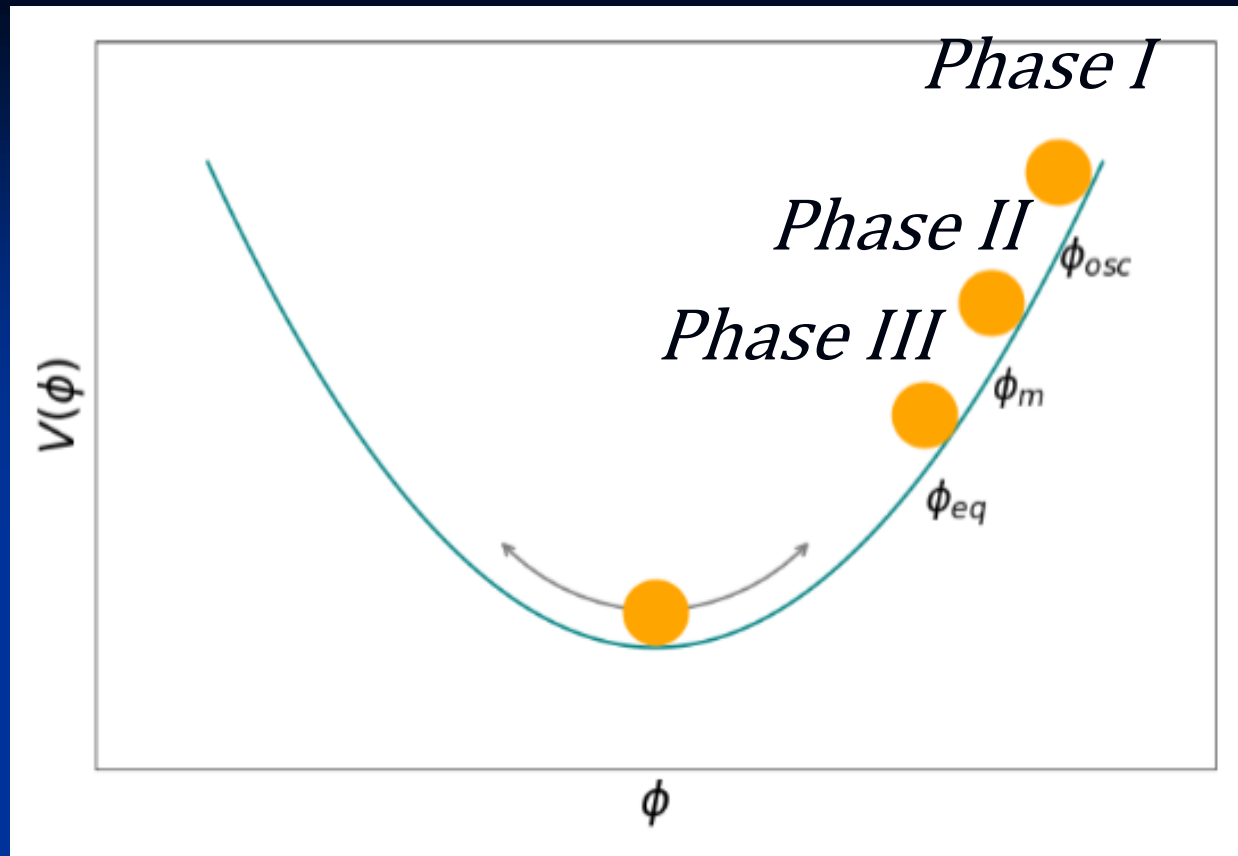


illustration: T. Smith

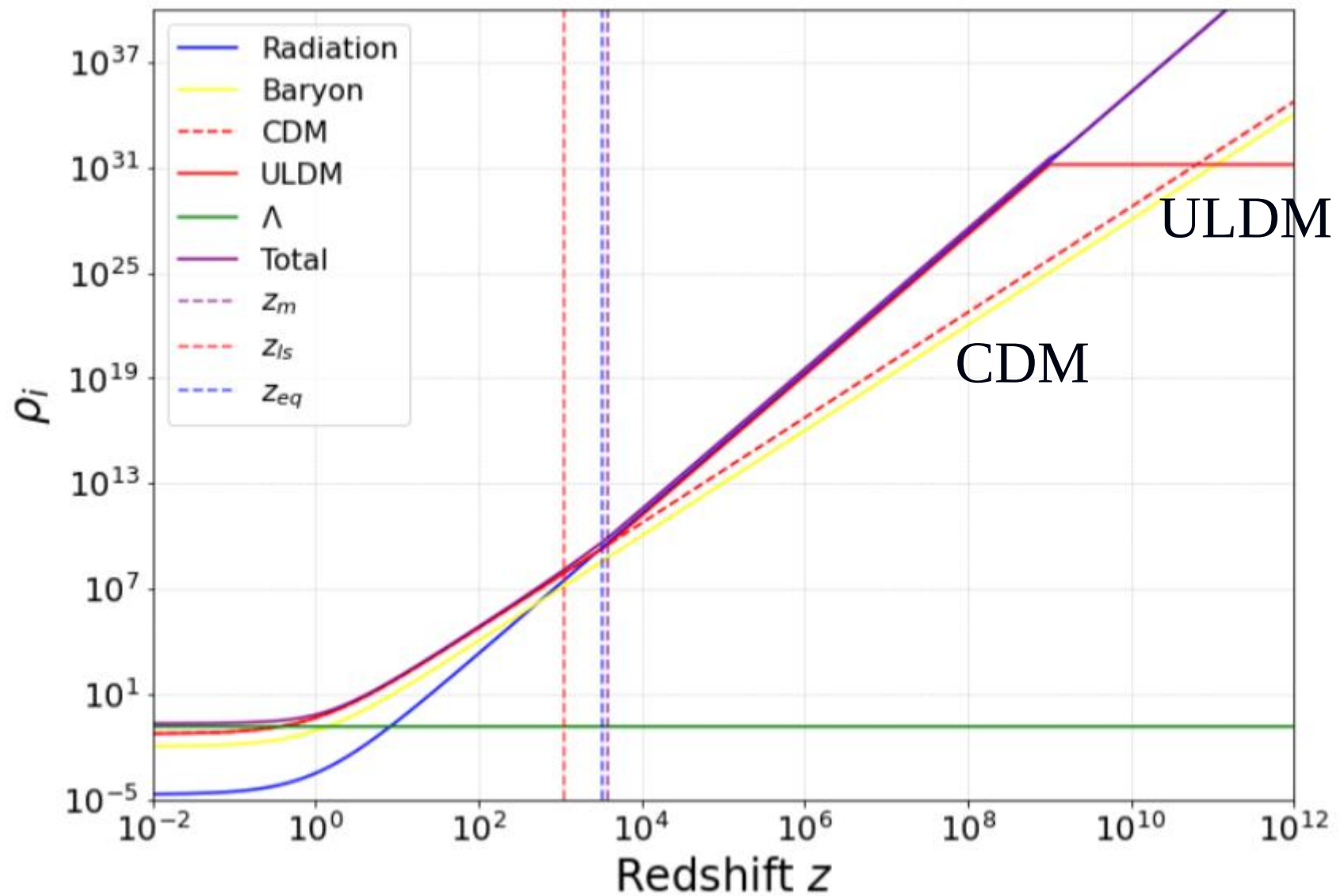


Can ULDM solve both H_0 and S_8 ? Ye+ 2107.13391



$V(\phi) \propto \phi^n$ decays with an equation of state $w = \frac{(n-2)}{(n+2)}$

$$\begin{cases} CDM \ (\phi^4 < \phi^2) \text{ or } z < z_m \text{ (Phase III)} \\ rad\text{-like} \ (\phi^4 > \phi^2) \text{ or } z_m < z < z_{osc} \text{ (Phase II)} \\ DE\text{-like (slow-roll) for } z_{osc} < z \text{ (Phase I)} \end{cases}$$



$$\theta_{ls} = \frac{r_{ls}}{D(z_{ls})} = \frac{\int_{z_{ls}}^{\infty} \frac{c_s(z)}{H(z)} dz}{\int_0^{z_{ls}} \frac{c}{H(z)} dz}$$

$$r_s = \int_{z_{ls}}^{\infty} \frac{c_s(z)}{H(z)} dz = \frac{c}{\sqrt{3}H_{ls}} \int_{z_{ls}}^{\infty} \frac{dz}{[\rho(z)/\rho(z_{ls})]^{1/2} (1+R(z))^{1/2}},$$

$$H_{ls} = 100 \text{ km s}^{-1} \text{Mpc}^{-1} \omega_r^{1/2} (1+z_{ls})^2 \sqrt{1 + \frac{\omega_m}{(1+z_{ls})\omega_r}}$$

$$H_0 = \sqrt{3}H_{ls}\theta_s \frac{\int_0^{z_{ls}} \left(\frac{\rho(z)}{\rho_0}\right)^{-1/2} dz}{\int_{z_{ls}}^{\infty} \left(\frac{\rho(z)}{\rho(z_{ls})}\right)^{-1/2} \frac{dz}{\sqrt{1+R(z)}}}$$

$$\frac{H_0(ULDM)}{H_0(CDM)} \simeq \frac{\int_{z_{ls}}^{\infty} \rho(CDM)(z)^{-1/2} \frac{dz}{\sqrt{1+R(z)}}}{\int_{z_{ls}}^{\infty} \rho(ULDM)(z)^{-1/2} \frac{dz}{\sqrt{1+R(z)}}}$$

$$\rho(ULDM)(z) \propto \begin{cases} \sqrt{\omega_r(1+z)^4 + \omega_m(1+z)^3 + \omega_\Lambda} \text{ for } z < z_m \text{ (Phase III)} \\ \sqrt{\omega_r(1+z)^4 + \omega_\phi \frac{(1+z)^4}{1+z_m} + \omega_b(1+z)^3 + \omega_\Lambda} \text{ for } z_m < z < z_{osc} \text{ (Phase II)} \\ \sqrt{\omega_r(1+z)^4 + \omega_b(1+z)^3 + \omega_\phi \frac{(1+z_{osc})^4}{1+z_m} + \omega_\Lambda} \text{ for } z_{osc} < z \text{ (Phase I)} \end{cases}$$

where $\omega_b = 0.022, \omega_\phi = 0.119, \omega_r = 4.2 \times 10^{-5}, \omega_\Lambda = 0.314$ from Planck's Λ CDM values
 Using the densities, we numerically obtain $\frac{H_0(ULDM)}{H_0(CDM)} \simeq 1.049$ for $\tilde{m} = 0.9$ and 1.00084 for $\tilde{m} = 5$

$$r_s = \int_{z_{1s}}^{\infty} \frac{c_s(z)}{H(z)} dz = \frac{c}{\sqrt{3}H_{1s}} \int_{z_{1s}}^{\infty} \frac{dz}{[\rho(z)/\rho(z_{1s})]^{1/2} (1 + R(z))^{1/2}},$$

$$H_{ls} = 100 \text{ km s}^{-1} \text{Mpc}^{-1} \omega_r^{1/2} (1 + z_{ls})^2 \sqrt{1 + \frac{\omega_m}{(1 + z_{ls})\omega_r}}$$

$$H_0 = \sqrt{3}H_{1s}\theta_s \frac{\int_0^{z_{1s}} \left(\frac{\rho(z)}{\rho_0}\right)^{-1/2} dz}{\int_{z_{1s}}^{\infty} \left(\frac{\rho(z)}{\rho(z_{1s})}\right)^{-1/2} \frac{dz}{\sqrt{1 + R(z)}}}$$

$$\rho_{eq}^{\phi} = \rho_{\text{rad}}(T_{eq}) = \frac{\pi^2}{30} g_* T_{eq}^4,$$

$$\rho_{eq}^{\phi} = \rho_{osc}^{\phi} \left(\frac{T_m}{T_{osc}} \right)^4 \left(\frac{T_{eq}}{T_m} \right)^3 = \frac{\rho_{osc}^{\phi} T_m T_{eq}^3}{T_{osc}^4} = \frac{\phi_{osc}^2 T_m T_{eq}^3}{m_P^2}$$

$$\rightarrow \phi_{osc} = \sqrt{\frac{\rho_{eq}^{\phi} m_P^2}{T_m T_{eq}^3}}$$

$$\rho_m^{\phi} \simeq m^2 \phi_m^2 / 2 = \frac{m^4}{\lambda} = \tilde{m}^4 = \rho_{eq}^{\phi} \left(\frac{T_m}{T_{eq}} \right)^3$$

$$\rightarrow T_m = \left(\frac{\tilde{m}^4}{\rho_{eq}^{\phi}} \right)^{1/3} T_{eq}$$

Hierarchy of SIULDM

JLee 2410.02842

GUT

$$T_c \simeq m/\sqrt{\lambda} = \tilde{m}^2/m \sim 10^{15} \text{ GeV}$$

neutrino

$$\tilde{m} \equiv m/\lambda^{1/4} \sim 10 \text{ eV}$$

reverting Type I seesaw



EW

$$T_{EW} \sim (T_c \tilde{m})^{1/2} \sim 10^3 \text{ GeV}$$

ULDM

$$m \sim 10^{-22} \text{ eV}, \lambda \sim 10^{-92}$$

galaxy observations

Neutrino mass

$$\mathcal{L}_{Yukawa} = -y\phi\bar{\nu}^c\nu \quad \text{Majorana } \nu$$

real Majoron

$$m_\nu = 0.1\text{eV} \left(\frac{y}{10^{-25}} \right) \left(\frac{v}{10^{15}\text{GeV}} \right)$$

$$y = \frac{m_\nu \sqrt{\lambda}}{m_\phi} = 10^{-25} \left(\frac{m_\nu}{0.1\text{eV}} \right) \left(\frac{m_\phi}{10^{-22}\text{eV}} \right)^{-1} \left(\frac{\lambda}{10^{-92}} \right)^{1/2}$$

One-loop quantum correction from the Yukawa is $O(y^4) \simeq 10^{-8}\lambda \ll \lambda$

$$0.06\text{ eV} < \Sigma m_\nu < 0.071\text{ eV (DESI)}$$

Conclusion

- *FDM with $m \sim 10^{-22}$ eV or
Self-interacting ULDM with $\frac{m}{\lambda^{1/4}} \sim 10 \text{ eV}$ is
consistent with many cosmological observations*
 - *T_c is about GUT scale and SSB of ULDM
can give neutrino masses and EW scale*
- Oscillation of ULDM can be detected by neutrino
osc. and other experiments (GW, atomic clock)*
- ULDM possibly explain small scale issue, final pc,
Hubble tension, S8, and many other mysteries*

